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FRIENDLY JEN CONSIDERS A RETURN TO TV DISH {page 33}



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Remembering the fallen

► Crowds of all ages attend ceremonies across town to mark the first Remembrance Day without a WWI veteran ► The torch of peace is lit and passed



► A bugler plays The Last Post following the moment of silence at Thursday's Remembrance Day ceremonies in Edmonton.

"To you from failing hands we throw/The torch; be yours to hold it high."

Verses of John McCrae's In Flanders Fields resonated across town on Thursday, as people paused in tribute to Canada's fallen soldiers.

Kathy Deugau spent her morning with a mix of veterans at the Norwood branch of the Royal Canadian Legion, a site she was used to attending with her uncle George Kroitor, who passed away this September at the age of 88. Kroitor served on a corvette during the Second World War with the Royal Canadian Navy Volunteer Reserve. "In those days the question was

Last WWI vet died this year

- Armistice Day was renamed Remembrance Day in 1945 to honour all war dead.
- John Babcock, Canada's last First World War vet, passed away at age 109 in February.

"Which service are you going into?" said Kathy. "Never. 'Are you enlisting?'"

She's glad to see a younger generation arriving at the Legion.

At the Butterdome, it was standing room only as thousands of people filled the seats

half an hour before the ceremony was set to begin.

Last year, Natasha Genoud observed Remembrance Day at city hall with her family. Her boyfriend, Cpl. Andrew Croy, had shipped out to Afghanistan that October and was serving on the front lines as a light armoured vehicle gunner with the Canadian infantry.

"I don't ever want to go through that again," she said.

Cpl. Croy returned from duty at the end of April. This year, the couple sat holding hands in the stands of the Butterdome.

● ERIC O'BRIEN

World

Canadians among trapped

► Nearly 4,500 people, including 200 Canadians, were trapped on cruise ship for four days ► Vessel returned safely to port in San Diego {page 12}



Canada's newest power couple

Peter MacKay's girlfriend has a resume that rivals his own {page 13}

Killing not a traditional mob hit

Reputed Montreal crime boss was killed at home, not in public {page 17}

Time for some Oscar buzz

Candidates emerging for awards season {page 23}

Hall on his way out?

Sources say Eskimos in market for a new coach {page 36}

1
news



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View photo galleries of Remembrance Day ceremonies from across Canada at metronews.ca

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Green groups say Parks Act not enough

Conservation groups are sounding the alarm about the proposed new Alberta Parks Act.

After carefully reviewing Bill 29, the groups say the legislation will not adequately conserve parts of Alberta's natural regions for future generations.

In a letter to Parks Minister Cindy Ady, the groups say the bill would actually substantially weaken the protection of parks and protected areas.

The Alberta Wilderness Association, Provincial Parks Stewards Association, Canadian Parks and Wilderness Association, Federation of Alberta Naturalists, and Sierra Club Prairie are to hold news conferences Friday in Edmonton, Calgary and Red Deer.

THE CANADIAN PRESS

Rescuers pull man from hole in backyard

Edmonton emergency crews were called to a home at 113 Avenue and 89 Street after reports surfaced that a man had become buried in a backyard trench.

According to officials, the man had been digging the hole in the back yard of the home when one of the walls of the approximately four-metre-deep hole caved in, covering his legs.

The man was pulled from the hole about an hour later.

He was looked over by emergency personnel on scene and was expected to be transported to hospital.

● METRO



► A top Canadian doctor says carnage on the roads will worsen if Albertans are still allowed to use hands-free devices behind the wheel.

Distracted driving bill 'dangerous'?

► 'It's the conversation (not the device) that's the distraction,' says head of doctors' group ► People speaking to one another within a car are in sync with traffic — that's not the case with cell conversations, he says

The president of Canada's Royal College of Physicians and Surgeons says Alberta's plan to crack down on distracted motorists will bring even more road carnage because it still allows drivers to talk on hands-free devices.

"It's misguided. It's dangerous and it's going to kill more lives than it saves. They should be

ashamed of themselves," said Dr. Louis Francescutti.

"They're going to give people a false sense of security — that it's OK to drive (with) hands-free (devices) — and make our roads more dangerous for everybody."

The ban would apply only to hand-held devices. Anyone using hands-free devices is exempt — and that's what Francescutti

finds galling about the legislation.

Francescutti noted the government's own research suggests hands-free devices can be as distracting as the hand-held ones. Numerous private companies, he said, have already banned all in-car communication for safety reasons and to avoid liability in lawsuits.

THE CANADIAN PRESS

Ban details

- The Alberta distracted driving bill forbids drivers from talking on cellphones or texting.
- It also would fine drivers who write while they drive, read a book or do anything else that takes attention off the road.
- Anyone caught would get a \$172 ticket.



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► A soldier stands guard over the cenotaph at Thursday's Remembrance Day ceremony.

Honouring sacrifices Canadians must always remember

ALL PHOTOS ERIC O'BRIEN/FOR METRO



► Canadian soldiers offer a salute.



► Members of different civilian units across Edmonton prepare for Thursday's ceremony.



► Thousands listen as bagpipers enter the arena.

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A black and white photograph of a man and a woman in an intimate embrace. The man, on the left, has dark, wavy hair and is wearing a dark, button-down shirt. The woman, on the right, has dark, wavy hair and is wearing a bright red, flowing dress. They are both looking down and to the right with their eyes closed, conveying a sense of passion and intimacy.

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Twitter twits feel full force of the law

- One allegedly called for a journalist to be stoned
- One fined for threatening to blow airport 'sky high'

Two cases in Britain are testing the limits of freedom of speech on the Internet.

A city councillor in England has been arrested after allegedly posting a message on Twitter calling for a journalist to be stoned to death.

Meanwhile, a court has upheld the conviction of a man who tweeted about blowing up his local airport.

Police said Birmingham city Coun. Gareth Compton was arrested on suspicion of sending an offensive or indecent message. He has not been charged and was released on bail.

Mad message

- Media reports say Birmingham city Coun. Gareth Compton posted on Twitter: "Can someone please stone Yasmin Alibhai-Brown to death? It would be a blessing, really." Alibhai-Brown is a liberal columnist for The Independent newspaper.

On Thursday, Compton tweeted an apology for his "ill-conceived attempt at humour."

Also Thursday, a court rejected an appeal by Paul Chambers, who was convicted of sending a threat-

ening message after saying on Twitter that he would blow up an airport if his flight was delayed.

Chambers, 26, was arrested after he posted a message saying he'd blow the airport "sky high" if his flight was delayed.

A judge found him guilty of sending an offensive, indecent, obscene or menacing message.

On Thursday, Judge Jacqueline Davies at Doncaster Crown Court upheld the conviction, saying Chambers' message was "obviously menacing." He was ordered to pay \$3,225 in prosecution costs, in addition to a \$620 fine.

THE ASSOCIATED PRESS



CLIVE GEORGE/PA/THE ASSOCIATED PRESS

An insult to the fallen?

As millions of Britons paused at 11 a.m. Thursday to pay their respects to the members of the military who lost their lives in wars since 1914, protesters in London burned a model of a poppy and chanted: "British soldiers burn in hell."

Target

- Harper was to target countries that have engaged in protectionism, officials said.

Harper's reminder

Prime Minister Stephen Harper was preparing to take to the G20 podium on Friday to remind world leaders that they promised to each do their part for a global economic recovery.

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Disasters come with huge cost

The World Bank and the United Nations said Thursday annual global losses from natural disasters could triple to \$185 billion by the end of the century.

By then, the negative impact of climate change could add \$28 billion to \$68 billion a

year more in damage from tropical cyclones alone.

Their 250-page report, released Thursday in Washington, warns that the number of people exposed to storms and earthquakes in large cities could double to 1.5 billion by 2050.

The report suggests measures to prevent death and destruction: schools could serve as cyclone shelters as in Bangladesh. Roads could double up as drains as in Malaysia.

THE ASSOCIATED PRESS

Now Fox is blocking Google TV

News Corp.'s Fox has joined ABC, CBS and NBC in blocking access to full episodes of shows when searched from Google TV's web browser, says a source at Fox.

The Sony TV that comes with Google TV software can still access networks, just not online versions.

THE ASSOCIATED PRESS

Soaked Nova Scotia dries out

The flood threat is abating in rain-soaked areas of southwestern Nova Scotia as water levels recede on most rivers and lakes.

Premier Darrell Dexter toured the area by helicopter and indicated the province will be seeking federal aid to repair road and bridge damage.

THE CANADIAN PRESS

Poker's no sure bet, says \$8.9M winner

RYAN REMIERS/THE CANADIAN PRESS



► Jonathan Duhamel holds his championship bracelet, which he says is "more important than the money."

► He warns kids: Play your cards right — and stay away from it

A career ace

- Duhamel, who beat a field of 7,300 competitors, dropped out of the finance program at the Université du Québec à Montréal a few years ago and decided to gamble on a poker career path.
- He ended up playing as much as 40 hours a week to hone his game.

Canada's world poker champion has a clear message for anyone who might be dreaming of emulating his lucrative rise to the top of the card world: Forget it.

Jonathan Duhamel's \$8.94-million bonanza for winning the World Series of Poker in Las Vegas this week may stir the imagination of many a youngster hoping to land similar fortunes.

But the 23-year-old from Boucherville, Que., believes poker should be all about fun — not money.

"I don't want to glorify anything with that win," Duhamel told a news conference in Montreal Thursday. "I'm just one lucky guy who got far in that tournament."

As well as hitting pay

dirt with the victory, Duhamel left Nevada with a world championship bracelet he says he "could look at for hours and hours."

"This means you're the world champion. It's amazing. The bracelet is more important than the money."

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► Sabrina Klinge, a passenger who was on board the Carnival Splendor cruise ship, smiles as she leaves the cruise ship terminal in San Diego, Calif., Thursday.

JAE C. HONG/THE ASSOCIATED PRESS

Canucks land ashore

► Four days of rationed cold food, stinky toilets, dark cabins and dead cellphones ► The Carnival Splendor finally docks in San Diego harbour

Kathleen Ehlert has spent the last four days scouring the Internet, flipping between news channels and waiting by the phone, hoping for any word on her family stranded aboard a

disabled cruise ship.

On Thursday, she finally heard from them. It was a short, crackly call from her mother.

"She was yelling and saying, 'We're fine, we're

here,'" said the 29-year-old Ehlert, who lives in Calgary.

"She was on the verge of tears, saying, 'This hasn't been fun.'"

Her family members were among the nearly

4,500 people, including nearly 200 Canadians, who were on board the Carnival Splendor when it lost power Monday following a fire in the engine room.

THE CANADIAN PRESS

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Myanmar's pro-junta party wins majority

Myanmar's pro-junta political party secured a majority of seats in both houses of parliament, the latest official results from the country's first election in 20 years showed.

The partial batch of results released Thursday confirm the victory of the Union Solidarity and Development Party in Sunday's vote, which critics say was marked by fraud and engineered to sustain the military's power.

The latest results were announced the same day democracy icon Aung San Suu Kyi lost an appeal for early release from house arrest.

The sentence is due to expire Saturday, and close aides remain optimistic she will be freed.

The junta has not confirmed the 65-year-old Nobel Peace Prize winner will be set free, but government officials have quietly said they are making "necessary security preparations" for this weekend. THE ASSOCIATED PRESS

Sri Lanka. Awash



► Sri Lankans struggle to cross a submerged road in Colombo, Sri Lanka, Thursday.

CHAMILA KARUNARATHNE/THE ASSOCIATED PRESS
Sri Lankan capital floods after rainfall

According to news reports, several parts of Colombo were submerged in flood water due to heavy rain fall that started Wednesday night.

Nobel Prize winners gather in Hiroshima

Myanmar's detained pro-democracy activist who won in 1991.

"Now here, Liu Xiaobao, you see, failed to come here. It is very sad," said the Dalai Lama, the Tibetan spiritual leader who won in 1989.

The annual meeting brings past award recipients together to call attention to their achievements and work, as well as push the prize's overall message of human rights and nonviolence.

At the opening ceremony Friday morning, laureates were given necklaces made of paper cranes — symbols of peace in Japan — by local schoolchildren.

The three-day meeting is being held outside of Europe for the first time.

THE ASSOCIATED PRESS



► Defence Minister Peter MacKay with Nazanin Afshin-Jam, co-founder of the non-profit organization Stop Child Executions.

Meet Canada's new political power couple

► Afshin-Jam is fluent in three languages ► Holds a degree in international relations from University of B.C.

She has rubbed her gorgeous elbows with political prisoners, royalty, the prime minister, the Dalai Lama and even a billionaire online gambling tycoon who boasts of staying a step ahead of the law.

Now Nazanin Afshin-Jam, 31, is the new girlfriend of one of the country's most recognizable serial monogamists.

That would be Defence Minister Peter MacKay, who she met six years ago when she came to Ottawa to speak about human-rights abuses.

"Mr. MacKay was very

Human rights

► In 2003, Afshin-Jam learned of Nazanin Mahabad Fatehi, an Iranian teenager who was sentenced to death by stoning for killing one of three men who were trying to rape her and her niece.

► Afshin-Jam circulated a petition that garnered more than 300,000 signatures worldwide and has been lauded as instrumental in saving the girl from a barbaric end.

helpful and they became friends," her spokeswoman Valentina Medici wrote in an email Thursday before declining to share any more details.

Her curriculum vitae might just be more impressive than his.

Afshin-Jam is a human-rights activist who devotes unpaid full-time hours to saving children in her native Iran from execution.

Afshin-Jam immigrated with her family to North Vancouver after having fled Iran for Spain when she was just a baby.

TORSTAR NEWS SERVICE

POTENTIAL ATTEMPTED MURDER

Mountie slashed in scuffle

The RCMP say a 61-year-old Vancouver man is in custody and could face a charge of attempted murder after a scuffle that left a rookie officer with knife wounds.

The Mounties say in a news release that an officer in his 20s who has been on the force for just six months was attacked while respond-

ing to a call of a suspicious vehicle on Wednesday night.

The release says as the officer approached a vehicle parked on the side of the road, a man inside the car got out and lunged at him with a knife. The officer sustained a "serious gash" to his arm, and then stunned the man with a Taser and placed him in handcuffs.

Both were taken to hospital by ambulance, and the officer required more than 20 stitches.

The suspect is still in custody.

THE CANADIAN PRESS

Flame relit to honour veterans

Vancouver Mayor Gregor Robertson says the city now has a new and important tradition.

The Olympic cauldron was relit Thursday morning to mark Remembrance Day. The relighting marked one of just a handful of occasions when the flame has been rekindled since the cauldron was snuffed at the end of the 2010 Olympic and Paralympic Games.

THE CANADIAN PRESS

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PM extends Afghan mission

► Government considering keeping troops in Kabul until 2014, sources say

Stephen Harper says he decided with some "reluctance" to extend Canada's military mission in Afghanistan.

The prime minister confirmed Thursday that Canadian troops will stay in Afghanistan to train the

country's military after the current combat mission ends in July.

"Look, I'm not going to kid you. Down deep my preference would be, would have been to see a complete end to the military mission," he said.

Previously, Harper had insisted that Canadian troops would withdraw by July. However, NATO countries have been working for months to persuade him to change his mind, and the opposition Liberals suggested they would sup-

port an extended training mission.

Sources have said the government is considering sending 600 to 1,000 soldiers to Kabul until 2014 to bolster NATO training efforts.

THE CANADIAN PRESS

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► Prime Minister Stephen Harper lays a wreath with a veteran during a Remembrance Day ceremony at the War Memorial Gloster Valley, near Seoul, South Korea, on Thursday before the start of the G20 Summit.

Militants strike Pakistani police

Militants attacked a police compound in the heart of Pakistan's largest city on Thursday with a hail of gunfire and a massive car bomb, levelling the building and killing at least 15 people, authorities and witnesses said.

The gang of around six gunmen managed to penetrate a high-security area of Karachi that is home to the U.S. Consulate, two luxury hotels and the offices of regional leaders. While no stranger to extremist violence, Karachi has not witnessed this kind of organized assault recently.

It was the first major at-

tack against a government target outside the northwestern tribal regions for several months, showing the reach of Islamist militants seeking to overthrow the U.S.-allied government despite efforts to crack down on them over the last three years.

The gunmen first opened fire on the offices of the Crime Investigation Department before detonating a huge car bomb, the Sindh Home Minister said. The building has a detention facility that was believed to be holding criminals, and possibly militants.

THE ASSOCIATED PRESS

U.S.'s 2011 pullout may last until 2014

Message to the Taliban: Forget July 2011, the date that President Barack Obama set to begin withdrawing U.S. forces from Afghanistan. The more important date is 2014 when the international coalition hopes Afghan soldiers and policemen will be ready to take the lead in securing the nation.

That date will be the focus of discussions this month at a NATO summit

in Lisbon, Portugal.

The 2014 target date isn't new. Afghan President Hamid Karzai said in his November 2009 inauguration speech that he wanted Afghans to take responsibility for security across the country in four years. But that was all but forgotten the next month when Obama announced he hoped to start a gradual pullout in July 2011. THE ASSOCIATED PRESS

HELPING SELF-DIRECTED INVESTORS SUCCEED

Building and monitoring one's investment portfolio can seem like a daunting task, but the online tools, information and learning resources RBC Direct Investing provides to its self-directed investors allows them to build and manage their portfolio with confidence.

"We're helping individual investors increase their investment knowledge and confidence so they can feel comfortable with their investment decisions," says Michael MacDonald, the head of Business Strategy for RBC Direct Investing.

RBC Direct Investing has a six-step process to help educate clients on investing and to help them become successful investors.

The first step is helping them to establish a goal for their investments.

The second step is to educate them on the different investor profiles and the asset mix that goes with them. "This comes down to risk tolerance," says MacDonald. "How much risk are you willing to take on to get a particular rate of return?"

Understanding investment choices is the third step. This is important because one needs to consider diversification, tax implications and products available.

Building the portfolio and taking action to turn that portfolio into fruition are the next two steps.

The final step is to then monitor the portfolio. This requires ensuring one's investments stay aligned with the appropriate balance because not all of a person's investments will rise or fall at the same rate.

"Consider rebalancing your portfolio at least once a year," says MacDonald. "This is a step most investors fail to recognize, but it's just as critical as the initial establishment of the portfolio."

RBC Direct Investing has tools to help investors do just this.

Tools include a goal setting tool, which lets people know how realistic it is to achieve their goal, an Analyze and Rebalance tool, to help investors identify their portfolio's diversification by asset class, region, sector and holding concentration and there is also a Performance tool, which allows investors to see how their personal rate of return compares to their expectations and against other standard investor portfolios.

MacDonald says the ideal self-directed investor usually has three attributes:

1. A desire to have more control over their investments.
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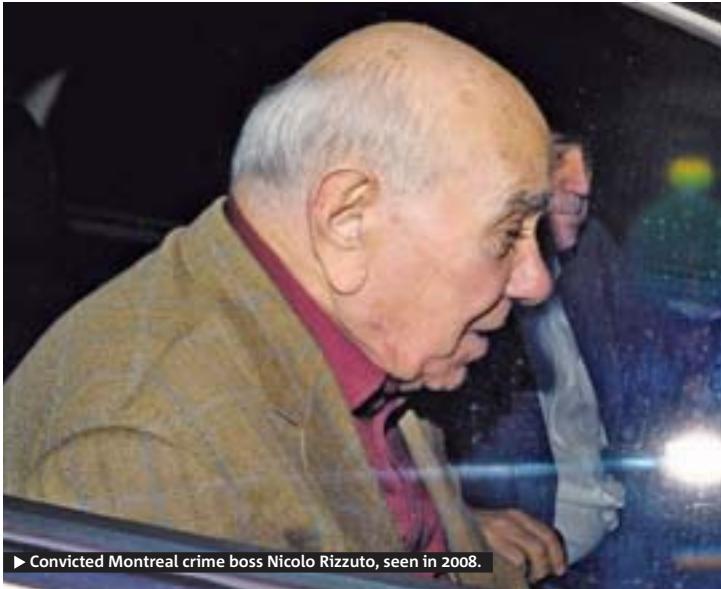
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GRAHAM HUGHES/THE CANADIAN PRESS



► Convicted Montreal crime boss Nicolo Rizzuto, seen in 2008.

Manner of mafioso's killing striking

► Montreal crime boss Nicolo Rizzuto shot dead in his home Wednesday ► Unusual location for mob hit

A single bullet hole through the window. White chairs arranged along the solarium with a serene view onto the backyard bushes. And a statue of the Virgin Mary, her arms outstretched.

This is where Nicolo Rizzuto met his end.

Evidence at the crime scene supports the theory, cited in news reports, that a gunshot through the window brought down a Mafia don who once lorded over the underworld with powerful international ties.

The decision to kill him in his own home, with his wife and daughter nearby, was interpreted as an intention

40,000
Italian newspaper *Corriere della Sera* reported that 40,000 people attended a recent anti-Mafia march in Calabria.

never done in the house and even less often with family members present."

Police were combing the area Thursday, one day after Rizzuto was felled in his cozy living room by an assassin's bullet.

"They could have killed him in any other place," said Antonio Nicaso, a Toronto-based journalist and author specializing in the Mafia.

"The fact that they killed him at home is really an insult. Killing him in front of his wife and daughter was a punishment they could have avoided."

THE CANADIAN PRESS

MOSCOW

Russian helped with spy arrests

A Russian legislator specializing in national security on Thursday confirmed a newspaper report that a top intelligence official helped the United States arrest 10 Russian spies this summer. The agents

were taken into custody in June, several days after a U.S. visit by Russian President Dmitry Medvedev. They were exchanged for four Russians who had been convicted of espionage in their own country. The respected daily *Kommersant* cited unidentified sources as identifying the Russian official only as Col. Shcherbakov, who it said headed the American section of a Foreign Intelligence Service division specializing in sleeper agents.

THE ASSOCIATED PRESS

Documents point to Iranian involvement

Nigerian intelligence officials and diplomats have concluded that the Iranian government was behind a secret shipment of weapons to Nigeria discovered last month in shipping containers, according to internal documents seen by The Associated Press.

THE ASSOCIATED PRESS

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► First Lady Michelle Obama serves a meal to U.S. soldiers during a visit at the U.S. military airbase in Ramstein, Germany, on Veterans Day.

First Lady dishes it

► Michelle Obama serves steaks to U.S. military at Ramstein Air Base in Germany on Veterans Day on the last leg of the Obamas' Asia tour

First Lady Michelle Obama surprised a group of U.S. servicemen and women based at Ramstein Air Base in Germany Thursday, jumping in to serve them steaks at a special Veterans

Day meal.

The visit was a refuelling stopover on the way home from the First Lady's tour of Asia with President Barack Obama.

Ahead of the stop at

Ramstein, Obama met with wounded troops recovering at the nearby Landstuhl Regional Medical Center — the largest U.S. military hospital outside the United States, which regularly receives casualties from Iraq and Afghanistan.

Obama was also meeting with her German counterpart, Bettina Wulff.

THE ASSOCIATED PRESS

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Say mercy

Students' association president Alex Sirois says the fees are their only source of operating income and the university has no right to withhold the money.

tions to provide audited statements to show how the \$7 million in student fees is being spent.

Carleton spokesman Jason MacDonald says both groups "have resisted providing their audited financial statements" to the university.

Students' association president Alex Sirois said, "Without these fees, we won't be able to offer services like our food bank, safe walk home program, or health plan and may be forced to close our businesses." THE CANADIAN PRESS

Carleton withholds students' fees

Student unions at Carleton University in Ottawa want a judge to order the university to hand over student membership fees.

The Carleton University Students' Association and the Graduate Students' Association say the university is withholding the money to force them to sign new fee agreements.

They say the university wants control over how the money is spent, which student leaders say would jeopardize their autonomy.

But the university says it wants the student associa-

Salute. Soldiers



► An RCMP officer stands by the cenotaph during a Remembrance Day ceremony in Quebec City yesterday.

JACQUES BOISSINOT/THE CANADIAN PRESS

Two men missing after boat capsizes

Two crew members were missing Thursday after a tug boat capsized in a harbour near the Hook of Holland port, the Dutch Coast Guard said.

A helicopter, a plane and other boats were hunting for the missing men and police divers were searching the overturned boat. The three other crew members were rescued, Coast Guard spokesman Jan Regeling said.

Regeling said it is not yet clear if strong winds battering the Dutch coast played a role in the accident.

The Royal Netherlands Meteorological Institute said it was expecting the country's first serious fall storm, with gusts of up to 95 kilometres per hour possible Thursday night and expected to strengthen early Friday.

In The Hague, hardy surfers donned thick wet suits to ride waves kicked up by the strong winds.

THE ASSOCIATED PRESS

Lest we forget

Speakers at the Ontario legislature reminded attendees Thursday that although they should never forget the sacrifices made by veterans of previous wars, they should not overlook the young men and women currently serving their country.

Reversing HST costs \$5B: Docs

► Treasury board in B.C. paints grim revenue picture



► Sgt. Clay Cochrane pauses for a moment at the grave of fellow soldier Capt. Nichola Goddard who was the first women killed in combat in Afghanistan May 17, 2006.

FRED CHARTRAND/THE CANADIAN PRESS

Tribute to war dead

Sgt. Clay Cochrane, at the National Military Cemetery, joined thousands taking part in Remembrance Day ceremonies around Ottawa Thursday.

Woman pleads not guilty in collision

A woman charged in a fatal collision with a pedestrian in northern Saskatchewan has pleaded not guilty and chosen to be tried by judge and jury.

Sheena Billette is facing charges that include impaired driving causing death and leaving the scene of an accident.

.08 The 19-year-old is also charged with operation of a motor vehicle with a blood-alcohol level over .08.

A preliminary hearing will be held next March to determine whether there is enough evidence to send the woman to trial.

Billette was charged after Carl Lance Smith was killed between La Ronge and Air Ronge on October 9th. The 21-year-old resident of Pinehouse, Sask., died at the scene.

THE CANADIAN PRESS

Internal government documents say repealing the harmonized sales tax in B.C. would cut \$5 billion in provincial revenues that would have to be replaced by reintroducing the antiquated provincial sales tax and likely hiking everything else from medical plan premiums to income taxes.

The documents prepared for the Treasury Board say without those tax hikes there would

"We did not do a good job. I've apologized to people for that because I think that is my responsibility, and we didn't do a good job with it."

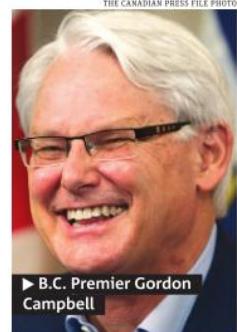
B.C. PREMIER GORDON CAMPBELL

need to be "dramatic" cuts to provincial programs.

The documents, released after a freedom of information request, say the province would have to repay \$1 billion in transitional funding from the federal government and would forego another

\$600,000 promised for next year.

The scenario laid out by the tax policy branch also says the province would lose \$30 million in administrative cost savings and could have to refund the HST that has already been paid. THE CANADIAN PRESS



► B.C. Premier Gordon Campbell

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Market moment

TSX	Dollar	Oil	Natural gas per mm btu
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AVERAGE HISTORICAL VOLATILITY			

Other people's money

DAVID DESCÔTEAUX



IN SPIRIT OF COMPETITION

Every Christmas season, my girlfriend and I hit the snowy road. Destination: The Hawkesbury LCBO, where I always leave the store with two cases of red wine.

Hundreds of Quebecers make similar pilgrimages every year.

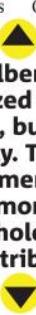
Why? Most bottles are cheaper there than in Quebec. (Like the SAQ, the LCBO is a state monopoly. Just less rapacious.)

But I shouldn't have to go to Hawkesbury. Consumers in Quebec, and elsewhere in Canada, could find cheaper wines at home ... if we could just break the liquor boards' monopolies across the country.

In Quebec, defenders of the status quo keep repeating that the SAQ is a "cash cow" for the State. But this generous yearly dividend comes from our wallets. We, captive consumers, pay a premium for our bottles of Merlot and Cabernet Sauvignon. The only reason the SAQ makes an abnormally high profit is that it's a monopoly. Without competitors, it can bleed consumers. The SAQ takes a margin of 40 per cent to 135 per cent on each bottle it sells. It pays \$5 to a producer, takes a \$7 cut and sells the bottle for \$15 (including taxes). Yes, the SAQ is a cash cow for politicians. But it's us, the consumers, who are being milked!

Should we privatize the SAQ? Not necessarily. A private monopoly would be no better than a public one. What we

"Yes, Alberta has privatized its market, but only partially. The government has kept a monopoly over wholesale and distribution."



need is more competition. We need to allow entrepreneurs to open wine shops and compete with the SAQ. We also need to allow people to buy bottles from around the world over the Internet, without having to go through the SAQ. For example: You like the Jacob's Creek Shiraz 2007? A store in New Jersey is selling it for \$6.53. On the SAQ's shelves, the same bottle will set you back \$14.90. This wine can be bought on the Internet and delivered to your door in less than two weeks.

The problem is not the SAQ itself, or the LCBO. The problem is the prohibition of competition. In Belgium, a non-producing country whose population and culture are similar to Quebec's, the wine market is completely free. Hundreds of retailers compete with each other. As a result, they have three times the wines, for a third of the price.

Quebecers and other Canadians like wine. Many are connoisseurs, and eager to try new varieties and vineyards. They deserve better than a state monopoly that is clearly corked.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute.

Tims to leave New England

► But CEO says coffee chain to stay in U.S. ► More than 600 U.S. stores

Tim Hortons says the money-losing New England stores it has slated for closure have cost the chain \$4.4 million so far this year and that a retreat from the fledgling market will improve its U.S. profits.

The Oakville-based company announced late Wed-

nesday that it plans to close the doors at 36 coffee and doughnut shops and 18 self-service kiosks in the northeastern United States, a move that will cost the company \$50 million.

Tims closed some locations in New England in

2008 and has tried to boost sales in the remaining locations.

However, performance has fallen short of the expectations Tims had when it acquired a small chain of coffee shops as a platform for growth, said Tim Hortons president and CEO

Don Schroeder.

The closures, which represent a small fraction of the 600-plus stores Tims has in the United States, were largely responsible for the company's third-quarter profit missing analysts' expectations.

THE ASSOCIATED PRESS

DirectCash ups Q3 earnings to \$5.2M

DirectCash Income Fund saw an almost \$1-million improvement in third-quarter revenue as the ATM and debit card company recorded a big increase in quarterly revenue.

DirectCash said its earnings for the three months ended Sept. 30 were \$5.2 million or 41 cents per unit compared with \$4.3 million or 34 cents per unit in the same 2009 quarter.

Revenue totalled \$29.3 million, up from \$25 million, and included the sale of automatic teller machines and parts as well as ATM operations themselves, the Calgary-based company said in a news release Thursday.

Recurring revenue — that earned from transaction processing activities including ATM, debit terminal and prepaid product lines of business — was up 21 per cent, primarily attributable to both the ATM and prepaid products lines of business, the company said.

THE CANADIAN PRESS

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ETHAN MILLER/GETTY IMAGES

Gamers go wild for Call of Duty

The video game Call of Duty: Black Ops shattered entertainment records this week when it raked in \$360 million US in its first 24 hours on sale, once again proving that video games have cemented their place as mainstream entertainment.

Bad weather hurts drink sales

Liquor Stores Income Fund has revised its outlook for the year after turning out weaker profits in the third quarter, as beverage sales were pulled down by bad weather. The Edmonton-based spirits retailer said that projected distributable cash before non-recurring items was being pulled back to a range of \$1.62 to \$1.66 per unit.

THE CANADIAN PRESS

U.S. Housing



► An auction sign sits in front of a foreclosed home in Valrico, Fla.

CHRIS O'MEARA/THE ASSOCIATED PRESS

Home repossession rate falls

The number of U.S. homes repossessed by lenders last month fell by the sharpest margin this year, as several major lenders temporarily halted most or all of their foreclosures amid allegations thousands of foreclosures were handled improperly.

Outrage prompts book ban

► The Pedophile's Guide to Love and Pleasure previously sold on Amazon website

Amazon is no longer selling a self-published guide for pedophiles.

It wasn't immediately clear whether Amazon.com Inc. had pulled the item, or whether the author withdrew it. Amazon did not immediately return messages Thursday. The book, The Pedophile's Guide to Love and Pleasure: a Child-lover's Code of Conduct, offers advice to pedophiles on how to make a sexual encounter with a child as safe as possible. It includes first-person descriptions of such encounters, purportedly written from a child's point of view.

THE ASSOCIATED PRESS

History

This isn't the first time Amazon has sold material that promotes illegal activity. It is currently accepting pre-orders for the hardcover version of I Am the Market: How to Smuggle Cocaine by the Ton, in Five Easy Lessons by Luca Rastello.

► Suit threat In 2002, the United States Justice Foundation, a conservative group, threatened to sue Amazon for selling Understanding Loved Boys and Boylovers. That title is still available through Amazon.

Nissan orders big recall

Nissan Motor Co. is recalling more than 600,000 vehicles in North and South America and Africa due to steering or battery cable problems.

The Japanese automaker said Thursday that the steering recall affects 303,000 Frontier pickup trucks and 283,000 Xterra sport utility vehicles in the U.S., Canada, Mexico, Argentina, Brazil and other Latin American countries.

THE ASSOCIATED PRESS

No job? You'll work anyway

Britain announced the most radical overhaul in decades Thursday to its once-generous welfare system, pledging harsh penalties for those who refuse jobs and community work service for the unemployed in return for benefit checks.

THE ASSOCIATED PRESS

Recycling bins can't read.

Alberta Health Services  ALBERTA

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► Cesar Millan

SARAH N. FITZGERALD/FOR METRO

5 MINUTES WITH: CESAR MILLAN

For the second time in as many weeks, dog whisperer Cesar Millan was visiting the West Coast during his Live 2010 Canada Tour. Metro caught up with Millan in Richmond, B.C., and picked his brain for advice for people and their favourite canines.

What's the best sort of rainy-day doggy exercise tips you have for city dwellers?

Challenge the (dog's) nose at home. Hide (their) things in boxes, under ledges or layers of clothes, be creative. A lot of times people challenge the body, but they don't challenge the mind. The nose controls 60

per cent of brain reaction, so ... (by challenging the nose, you're more likely to wear out the dog).

What is the most common mistake people make with their dogs?

One of the most common (mistakes) is to make the dog responsible. Dogs don't rationalize, there's no knowledge behind instinct, it's all reaction. (Another mistake) is humanizing the dog: They talk to the dog like it's a human being. That is good therapy for humans, but not really good for the dog. You must honour the identity of the dog. A horse is a horse, a dolphin is a

dolphin, but a dog becomes human: That's a big mistake.

What's the best advice you can give people who are bringing a second dog into the pack?

You have to bring (positive) energy into the house. When you give affection to one pack member, everyone gets it. Dogs live in a very harmonious time: If one is happy, everyone is happy; if one is sad, everyone is sad. It's all about the pack; it's not about individuals. So, if you think "individual," you're going to create jealousy, you're going to create separation. But if you think "pack" ...

everyone gets to benefit.

Is there such thing as a bad dog breed, or just bad owners?

There's no such thing as a bad dog; they don't plan things like human beings. Dogs react based on a certain situation. It's not the breed, it's the human behind the breed. All dogs can become great pack members, as can all humans.

Any plans for a Canadian show?

Yah, absolutely! We're talking with some corporations (about sponsoring). I just want to be up in Canada!

● SARAH N. FITZGERALD

Cartoon

MICHAEL DE ADDER



Not clowning around

Worth mentioning

Grumpy the clown won the election in a laugher. Now he has to prove that he can read and write.

The Sao Paulo Electoral Court held a closed-door exam for the clown turned congressman-elect Thursday to determine if he meets a constitutional mandate that federal lawmakers be literate.

Francisco Silva became famous as Tiririca — "Grumpy" in Portuguese — and received about 1.3 million votes, nearly twice as many as the next-highest vote-getter in last month's congressional elections. His campaign videos drew millions of viewers on the Internet,

Grumpy smiles



with slogans such as "It can't get any worse" and "What does a federal deputy do? Truly, I don't know. But vote for me and you'll find out."

But a less humorous element emerged during the campaign: Allegations that Silva, like 10 per cent of Brazilians, is illiterate. Judge Aloisio Silveira ordered that Silva must

demonstrate he can read and write.

Following Thursday's test, the president of the electoral court, Judge Walter de Almeida Guilherme, told reporters that Silva "read and wrote" during the exam, but did not offer more details. A final ruling is not expected before Friday.

THE ASSOCIATED PRESS

Should Canada extend the Afghan mission?

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Metro Minute with Return Of The Magic

If you have a minute and you're heading down Whyte Avenue this weekend, take a moment to stop and look at some of the window displays that are coming alive — literally.

Animatronics is behind the clever window displays for the annual Return Of The Magic in nine of Old Strathcona Avenue's busi-

nesses, depicting different Christmas displays.

If you want to check it out you can visit Whyte Avenue between 101 and 109 streets.

Don't miss your opportunity to grab a little bit of the Christmas spirit and see fantastic and innovative window displays in the neighbourhood.

● METRO

Three days to play

WHAT DOES REMEMBRANCE DAY MEAN TO YOU?



Kyle Hamelin

EDMONTON

It's about the sacrifices our soldiers made to help keep our freedom. Today's a gift; that's why they call it "the present."



Amy Carter

EDMONTON

It's a time to pause and consider the gravity of what the sacrifices of the few have meant to the many.

► **The Social Network** and **the King's Speech** are two early Oscar darlings ► **Firth, Portman** favoured to get the Best Acting nominations ► With 10 Best Picture nominees, the field has a wide variety of hopefults, from blockbuster **Harry Potter** to Sundance fave **Winter's Bone**



It's the start of Oscar season

Two dramas unfolding in a new world of global communications could emerge as front-runners at the Academy Awards.

Director David Fincher's *The Social Network* is set in modern times as the founders of the website Facebook battle over their creation. Tom Hooper's *The King's Speech* takes place in the 1920s and '30s as Queen Elizabeth II's dad struggles with his speech impediment at a time when the royal family is counted on to voice reassurance through the new medium of radio.

The *Social Network* has almost universal acclaim, a hip subject and impressive box-office results since it opened Oct. 1. *The King's Speech* does not open until late November, but it's an

old-fashioned awards contender; a classy period piece that has been an audience favourite at film festivals for its heart and humour.

Nominations come out Jan. 25, with the Oscars presented on Feb. 27.

Here's we look at some predictions for best picture and other top Oscar categories.

BEST PICTURE

Assuming *The King's Speech* and *The Social Network* make the cut, eight other films will compete for the remaining slots as the Oscars go with 10 best-picture nominees again. Blockbusters such as animated comedy *Toy Story 3*, heist drama *The Town* and Harry Potter and the Deathly Hallows: Part 1, the next-to-last film in the fantasy

franchise, are contenders.

Smaller releases could slip in, including Ozark thriller and top Sundance winner *Winter's Bone*, the family comic drama *The Kids Are All Right*, 127 hours, and *Never Let Me Go*, a tragic tale set in an alternate reality.

Other contenders include *Hereafter*, *Another Year*, *Somewhere*, *Barney's Version*, *Black Swan*, *True Grit* and *How Do You Know*.

BEST ACTOR

Colin Firth earned his first Oscar nomination for last year's *A Single Man*, and some who have seen him as George VI in *The King's Speech* think Oscar voters should just hand him the best-actor prize.

There's plenty of glibness to be had among other

contenders, including Jesse Eisenberg's savagely biting Facebook founder in *The Social Network*; James Franco as a one-man force of nature, playing a climber trapped alone in a canyon in *127 Hours*; and Paul Giamatti in the life story of a crusty producer of schlock TV in *Barney's Version*.

Other possibilities are Ben Affleck for *The Town*; Javier Bardem, *Biutiful*; Jim Broadbent, *Another Year*; Matt Damon, *Hereafter*; Leonardo DiCaprio, *Inception*; Stephen Dorff, *Somewhere*; Robert Duvall, *Get Low*; Aaron Eckhart, *Rabbit Hole*; Ryan Gosling, *Blue Valentine*; and Sean Penn, *Fair Game*.

BEST ACTRESS

Natalie Portman is an unholy terror in *Black Swan*. A past supporting-ac-

tress nominee for *Closer*, Portman gives herself completely to her role as a goody two-shoes ballerina whose menacing dark side emerges as she prepares for her dream role in *Swan Lake*.

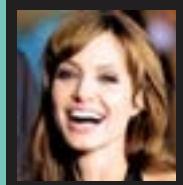
Annette Bening dominates *The Kids Are All Right* as the acerbic authoritarian in a family of lesbian parents.

Other possibilities are Anne Hathaway, *Love & Other Drugs*; Sally Hawkins, *Made in Dagenham*; Nicole Kidman, *Rabbit Hole*; Diane Lane, *Secretariat*; Jennifer Lawrence, *Winter's Bone*; Helen Mirren, *The Tempest*; Carey Mulligan, *Never Let Me Go*; Naomi Watts, *Fair Game*; Michelle Williams, *Blue Valentine*.

THE ASSOCIATED PRESS



News in brief



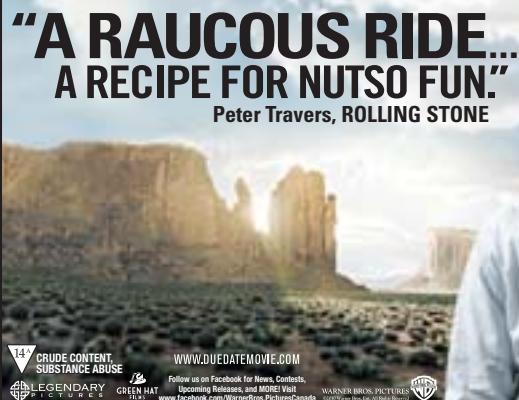
Angelina Jolie says her 6-year-old son Pax is a better cook than she is. The actress opens up about her home life, including Pax's culinary skills, in the December issue of *Vogue* magazine. In the article, readers get a glimpse inside the Jolie-Pitt household with their six kids, bulldog named Jacques and nannies who speak Vietnamese to Pax and Cambodian to Maddox. The December issue of *Vogue* hits newsstands nationwide on Nov. 23.

THE ASSOCIATED PRESS



Dino De Laurentiis, Award-winning producer of *Serpico* and pivotal *New Wave* figure, dies

"A RAUCOUS RIDE... A RECIPE FOR NUTSO FUN."
Peter Travers, ROLLING STONE



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5 movies about TV

Morning Glory reveals the further encroachment of entertainment into news, with Harrison Ford playing an old-school anchor who's forced to co-host a network morning program. Merely the notion of fashion and cooking segments causes him to bristle.

But this theme has been explored several times before — and much more proficiently — throughout the years in movies. Television in general has long been a favoured subject for filmmakers; it's the next best thing to skewering their own industry.

Here are five movies about TV that truly are must-sees.

THE ASSOCIATED PRESS



For Richard Crouse's take on movies about TV, go to metroneWS.ca



A Face in the Crowd

Director Elia Kazan and writer Budd Schulberg were eerily prescient more than 50 years ago in depicting the power of television to make or break a personality, to turn an unknown into a magnetic figure or a megalomaniac — or both simultaneously. In his film debut, Andy Griffith is hugely charismatic as Larry Lonesome Rhodes, a rambling, country-boy drunk with a gift for song. In no time, a star is born, and that star grows into a monster. TV comes calling, than groupies, than politicians.



Network

Long before Broadcast News lamented the softening of TV news, Sidney Lumet probed the same themes, but with a sharper sense of satire. Like Kazan's film, so much of what happens in Network remains so relevant today. Paddy Chayefsky's Oscar-winning script about a newsman gone mad can be over the top, but it also provides a disturbing look at power and desperation. Faye is fierce (and stylish) as the ratings-hungry TV executive who will do anything to keep the numbers up.



Good Night, and Good Luck

In his second film as a director, George Clooney proves he's an unexpected master of timing and suspense. His recreation of pioneering newsman Edward R. Murrow's on-air battles with Sen. Joseph McCarthy over the senator's 1950s anti-communist crusade is an ambitious marvel of precise vision. Shot in crisp black and white and set in only a few rooms at the CBS News headquarters, it has the spare look and cadence of a play and runs an efficient 90 minutes.



The Truman Show

Twelve years ago, reality TV was still relatively in its infancy, but director Peter Weir and writer Andrew Niccol vividly presage the phenomenon of celebrity culture gone wild, and the voyeuristic fascination with learning the most intimate details of a person's private life. Jim Carrey stars as Truman Burbank, a happy-go-lucky insurance salesman who has no idea his entire idyllic life is a television show, and actors are playing his wife, friendly neighbours and co-workers.



Tootsie

All the players here are at the top of their game: Dustin Hoffman as notoriously difficult actor Michael Dorsey, who lands a soap opera role by dressing in drag and calling himself Dorothy Michaels; Sydney Pollack, hitting all the right notes as director and providing harsh laughs as Michael's agent; and Teri Garr, Charles Durning and Dabney Coleman, who all stand out in supporting parts. It's slapstick and absurd, but it also has something to say about gender roles.

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News worth sharing.

From mom to CIA spy

► Watts went from motherhood to filming Fair Game ► Actress underwent paramilitary training for role

 **NED EHRBAR**
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

When Naomi Watts was cast as outed CIA agent Valerie Plame in Fair Game, director Doug Liman had just one criticism of her.

"Doug said, 'You're too soft and maternal, and you're going to boot camp,'" she remembers. "I did some paramilitary training for three days. So don't mess with me."

The reason she looked a bit maternal, of course, was because she had just given birth to her second son with husband Liev Schreiber.

"Basically, I had a baby on December 13, I read the script on December 28 and we were filming in February.

ary," she says.

And while three days may not seem like all that long, the grueling training she went through — alongside actual government trainees — sounds pretty gruesome. At least the details she's allowed to disclose, that is.

"There's one thing I'm not even allowed to talk about," she says. "As Doug walked out, they sort of kicked me in the shins and threw me to the ground and I went, 'Ow!' and he said, 'OK, don't say ow again unless you need to go to the hospital.' So it was intense."

Luckily, she had some support at home, as Schreiber was preparing for another CIA role in Salt while she studied up for Fair Game, which proved



► Naomi Watts and Sean Penn star in Fair Game.

convenient.

"It was very funny and very strange to have, first of all, two of us shooting at the same time — that's the first time it ever happened with us — and second of all that we were both playing spies," she says.

For Watts, playing not only a real person but also one still living — and not far removed from the events of the film — proved especially intriguing. But while she

got to meet and work with Valerie Plame, she admits the schedule didn't allow for a lot of politeness.

"You don't get her all at once. It takes time. And I'm

kind of like that, too," Watts says. "So we just were careful and easy with each other and we slowly went into it, and then finally it was crunch time."

Harry Potter set for final two films

Harry Potter's journey is nearly over.

Harry Potter and the Deathly Hallows: Part 1 — the next-to-last installment in the film franchise about the teen wizard — premiered Thursday in London ahead of its theatrical release next week.

The adaptation of J.K. Rowling's seventh and final novel comes in two installments, with the second film due out next July.

Fans may leave frustrated that they have to wait

eight months for the finale, but Rowling's last book needed to be broken into two parts for the big screen, said Daniel Radcliffe, who stars as Harry.

"I was always very much in favour of it being two parts, and I think most people were, simply because we all realized there was no way you could do justice to the book and really capture the story in one film," Radcliffe told The Associated Press.

THE ASSOCIATED PRESS

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Movie review

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A train ride that goes nowhere**Unstoppable**

Genre: Action
Director: Tony Scott
Stars: Denzel Washington, Chris Pine, Rosario Dawson

How do you make a film about a runaway train exciting? It's a vehicle on a set track that's route is known before it ever loses control. The solution director Tony Scott came up with was to fill the train with generic "hazardous material" and hire a bunch of recognizable actors too look sweaty and stressed in a never-ending series of extreme close-ups. Sure, there are a few scenes where the train crashes into something and makes a pretty explosion, but it's still practically impossible to be thrilled by a speeding train.

Part of the problem is that this is a true story that has been dressed up with so much Hollywood gloss that not a thread of reality remains. Denzel



Washington and Chris "Captain Kirk" Pine aren't believable as working class train workers for a second and when both actors delve into their troubled personal lives with mid-chase monologues

the movie grinds to a laughable halt (if only they could have stopped the runaway train with melodrama). Now, it's not all bad. Tony Scott knows how to make a movie look good and his use of physi-

cal effects is a nice nostalgic change of pace from CGI spectacle. Unfortunately none of that changes the fact that Unstoppable is just one big dumb hollow movie.

PHIL BROWN

**Low-budget monsters look great****Monsters**

Genre: Action/Drama
Director: Gareth Edwards
Stars: Scoot McNairy, Whitney Able

Don't let the title fool you — there aren't actually a ton of Monsters in this ambitious but slightly unfulfilling sci-fi thriller.

Made on a shoestring budget by effects wunderkind Gareth Ed-

wards, Monsters is essentially a road movie about a young American couple crossing "infected" Mexico where an enormous octopus-like species has been leaving a wake of destruction.

Like District 9, Monsters is intent on selling subtext but its ulterior focus will disappoint fans set more on spooky sci-fi thrills. As an independent project however, its impressive; when those giant-tentacled space creatures do appear, they're pretty cool.

• STEVE GOW

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CITY CENTRE 9 CINEMAS

10200 102nd Ave., 780-421-7020
Due Date (14A) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 12:20-2:45-5:10-7:35-10

Harry Potter and the Deathly Hallows: Part 1 (STC) Dolby Stereo Digital, Stadium Seating Thu 11:59

Hereafter (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:05

Jackass 3D (R) Stadium Seating Fri-Thu 12:35-5:30-8:05-10:35

Megamind 3D (STC) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 12:05-2:40-5:20-7:55-10:25

Morning Glory (PG) Dolby Stereo Digital Fri-Thu 12:45-2:45-7:05-9:55

Paranormal Activity 2 (14A) Stadium Seating, DTS Digital Fri-Thu 3:10-7:25-9:50

Red (14A) Stadium Seating, DTS Digital Fri-Thu 12:3-3:30-7:45

Skyline (14A) DTS Digital, Stadium Seating Fri-Thu 12:25-2:50-5:15-7:40-10:05
The Social Network (PG) Stadium Seating, DTS Digital Fri-Thu 12:30-3:20-7:15-10:15
Unstoppable (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 12:15-2:55-7:25-8:30

CLAREVIEW 10 CINEMAS

4211 139th Ave., 780-472-7600

Due Date (14A) No Passes Fri 4:40-7:10-9:35 No Passes Sat-Sun 1:40-4:40-7:10-9:35 Mon-Thu 5:30-8:25

Hereafter (PG) Fri-Sun 9:30-10:30 Mon-Thu 8

Jackass 3D (R) Fri 4:50-7:25-9:55 Sat-Sun 2:45-7:25-9:55 Mon-Thu 5:40-8:40

Life as We Know It (PG) Fri 6:45-9:35 Sat-Sun 1:30-4:35-7:35-10:35

Megamind 3D (STC) No Passes Fri 4:10-6:40-9:10 No Passes Sat-Sun 1:30-4:10-6:40-9:10 Mon-Thu 4:50-7:50

Morning Glory (PG) Fri 4:45-9:35 Sat-Sun 1:15-4:50-9:35 Mon-Thu 5:10-8:05

Paranormal Activity 2 (14A) Fri 4:35-7:20 Sat-Sun 1:40-4:35-7:20 Mon-Thu 5:50-8:35

Red (14A) Fri 4:20-7:20-9:30 Sat-Sun 1:35-4:20-7:05-9:45 Mon-Thu 5:35-8:20

Saw 3D (R) Fri 4:45-7:30-9:30 Sat-Sun 2:45-9:30 Mon-Thu 5:20-8:45

Skyline (14A) Fri 6:45-9:40 Mon-Thu 5:30-8:10-10:40

Unstoppable (PG) No Passes Fri 4:15-6:45-9:25 No Passes Mon-Thu 5:15-8:35

GARNEAU THEATRE
8710 109 St., 780-433-2212

Inside Job (PG) Fri 7:15 Sat-Sun 3:7-9:15 Mon-Thu 7:9-15

METRO CINEMA

Zeidler Hall, Citadel Theatre Complex, 9828-101 Ave., 780-425-9212, metrocinema.org

12th & Delaware (STC) Fri 7

Ancient Legend: When the Sun Was God (STC) Sat 7

Budrus (STC) Sat 9

Disorder (STC) Fri 9 Sun 12

Enemies of the People (STC) Sun 4

The Oath (STC) Sat 5:30

On Coal River (STC) Sat 7

A Small Act (STC) Sun 7

Turkey Shoot: The Hand (STC) Thu 9

Wasteland (STC) Sun 2

MOVIES 12
5074 130 Ave., 780-472-9779

Action Replay (PG) Fri-Sat 1:20-4:10-7:05-9:50

The American (14A) Fri-Sat 1:50-4:20-6:45-8:40 Sun 1:40-4:45-9:40 Mon-Thu 1:50-4:20-6:45-9:40

Despicable Me 3D (G) Fri-Thu 1:30-3:55-6:30-9

Easy A (14A) Fri-Thu 1:55-4:45-7:35-9:55

Eat Pray Love (PG) Fri-Thu 1:05-4-6:50-9:45

The Expendables (STC) Fri-Thu 1:25-4:15-7:15-9:55

Goldman 3 (PG) Fri-Thu 1:15-4:25-7:30

Let Me In (14A) Fri-Thu 1:45-3:35-7:50-10

The Other Guys (PG) Fri-Thu 9:45

Score: A Hockey Musical (PG) Fri-Sat 1:40-4:40-7:10 Sun 1:40-4:20-7:10 Mon-Thu 1:40-4:40-7:10

The Switch (PG) Fri-Thu 1:35-3:30-7:20-9:50

Toy Story 3 (PG) Fri-Thu 1:10-3:45-5:55-9:20

Wall Street: Money Never Sleeps (PG) Fri-Thu 1:15-3:50-6:40-9:30

NORTH EDMONTON CINEMAS

14231 137th Ave., 780-732-2236

Conviction (14A) Fri-Thu 12:40-3:30-6:40-9:15

Due Date (14A) Fri-Thu 1:20-3:40-6:10-8:30-10:45 Sun 1:20-3:40-6:10-8:30-10:45

Jackass 3D (R) Fri-Tue 1:50-4:50-7:50-10:20 Wed 1:50-4:50-10:20 Thu 1:50-4:50-7:10-9:30

Life as We Know It (PG) Fri-Thu 1:25-4:57-9:45

The Maltese Falcon (STC) Wed 7

Megamind (STC) No Passes Fri-Thu 12:30-5:30-9:10

Megamind 3D (STC) No Passes Fri 11:30-6:20-8:45-9:45 No Passes Sat 11:30-1:10-3:30-6:20-8:45

The Metropolitan Opera: Don Pasquale (STC) Sat 11

Morning Glory (PG) No Passes Fri-Tue 1:15-4:20-7:05-10:25 No Passes Wed 4:20-7:10-10:25 No Passes Thu 1:15-4:7-20:10:25 Star & Strollers Screening, 1



► Zach Galifianakis, left, and Robert Downey Jr. star in *Due Date*.

Due Date (14A) Fri-Sun 11:45-2:40-3:30-7:30-9:30 Mon-Thu 9:30
Hereafter (PG) Fri-Sun 3:50-9:40 Mon-Thu 9:40
Jackass 3D (R) Fri-Sun 1:20-3:40-7:30-9:40 Mon-Thu 9:30-10:10
Life as We Know It (PG) Fri-Sun 1:05-6:50-9:45 Mon-Thu 9:45
Amazon (STC) Wed 2

Beavers (STC) Tue 10
Bugs! (STC) Mon 10 Wed 11
Coral Reef Adventure (G) Fri 2 Tue 11 Thu 1
Dinosaurs Alive! (STC) Sat 2-4 Sun 2 Thu 10
Grand Canyon Adventure: River at Risk (STC) Fri 1 Sat 5

Greece: Secrets of the Past (STC) Mon 2
Horses: The Story of Equus (STC) Fri 10 Sun 11-3

The Human Body (STC) Tue 1 Thu 2

Hurricane on the Bayou (STC) Mon 1 Thu 11

Mystic India (STC) Mon 11 Wed 10

Space Station (G) Wed 1

Wild Ocean (STC) Tue 2

The Wildest Dream: Conquest of Everest (PG) Fri 11-7 Sat 12-7 Sun 12-4 Mon 1 Thu 3

WESTMOUNT CENTRE

111 Ave. & Groat Rd., 403-455-8726

Due Date (14A) No Passes, DTS Digital Fri 1:15-5:55 No Passes, DTS Digital Sat 4:35-7:15-9:55

DTS Digital Mon-Thu 8:15

Megamind 3D (STC) Fri 1:20-3:30-6:30-8:50

Mon-Thu 3:30-6:30-8:50

Morning Glory (PG) Fri 1:20-3:30-6:30-8:50

Mon-Thu 3:30-6:30-8:50

Paranormal Activity 2 (14A) Fri 1:20-3:30-6:30-8:50

Mon-Thu 3:30-6:30-8:50

The Metropolitan Opera: Don Pasquale (STC) Sat 11

Morning Glory (PG) No Passes Fri-Wed 1:20-3:30-6:30-8:50

Mon-Thu 3:30-6:30-8:50

Paranormal Activity: Don Pasquale (STC) Sat 11

Mystic India (STC) Sat 11

Space Station (G) Wed 1

Wild Ocean (STC) Tue 2

The Wildest Dream: Conquest of Everest (PG) Fri 11-7 Sat 12-7 Sun 12-4 Mon 1 Thu 3

GALAXY CINEMAS SHERWOOD PARK

2020 Sherwood Dr, Sherwood Park 780-416-0152

Due Date (14A) Fri-Sun 11:45-2:40-3:30-7:30-9:30

Mon-Thu 9:30

Hereafter (PG) Fri-Sun 3:50-9:40 Mon-Thu 9:40

Jackass 3D (R) Fri-Sun 1:20-3:40-7:30-9:40

Mon-Thu 9:30-10:10

Life as We Know It (PG) Fri-Sun 1:05-6:50

Mon-Thu 6:50

Megamind 3D (STC) No Passes Fri-Sun 12:20-3:15-6:15-9:50

Mon-Thu 12:20-3:15-6:15-9:50

Morning Glory (PG) No Passes Fri-Sun 12:30-3:20-6:10-9:50

Mon-Thu 12:30-3:20-6:10-9:50

Paranormal Activity 2 (14A) Fri-Sun 1:20-3:30-6:30-8:50

Mon-Thu 3:30-6:30-8:50

Secretariat (G) Fri-Sun 1:25-3:45-7:30-9:55

Mon-Thu 12:45-3:45-7:30-9:55

Skylane (14A) Fri-Sun 1:15-3:45-7:30-9:55

Mon-Thu 12:15-3:15-7:15-9:45

Unstoppable (PG) No Passes Fri-Sun 12:45-3:30-7:20-10:20 No Passes Mon-Thu 7:20-10:20

Mon-Thu 7:20-9:35

PARKLAND CINEMA

130 Century Crossing, Spruce Grove 780-962-2332

Due Date (14A) Fri-Tue 1:30-3:30-7:10-9:30

Wed 7:10-9:30

Megamind (STC) Fri-Tue 1:10-3:50-7:10

Wed-Thu 7:10-9:30

Megamind 3D (STC) Fri-Tue 12:30-3-6:30-8:50

Wed-Thu 3:30-6:30-8:50

Morning Glory (PG) Fri-Tue 12:40-3:10-6:50-9:50

Wed-Thu 6:50-9:50

Paranormal Activity 2 (14A) Fri-Tue 3:45-7:15-9:55

Wed-Thu 7:10-9:30

Red (14A) Fri-Tue 1:20-6:40-9:15-10:30

Wed-Thu 6:30-8:30

Skylane (14A) Fri-Tue 1:30-3:40-7:30-9:40

Wed-Thu 7:30-9:40

Unstoppable (PG) Fri-Tue 1:20-5:30-7:20-7:30-9:35

Wed-Thu 7:20-9:35

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GRANDIN THEATRES

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St. Albert, 780-458-9822

Due Date (14A) Fri-Thu 1:20-3:20-5:20-7:20-7:20-9:20

Megamind (STC) Fri-Thu 1:3-4:55-7:50

Paranormal Activity 2 (14A) Fri-Thu 3:30-6:30-8:45-10:45

Mon-Thu 3:30-6:30-8:45-10:45

Saw 3D (R) Fri-Sat 1:30-3:30-6:25-10:50

Sun-Thu 1:30-4:30-7:30-10:50

Morning Glory (PG) No Passes Fri-Sat 1:40-7:15-9:45

Mon-Thu 1:40-7:15-9:45

Score: A Hockey Musical (PG) Fri-Sat 1:40-4:40-7:10-10:20

Mon-Thu 1:40-4:40-7:10-10:20

No Passes Mon-Thu 1:40-4:40-7:10-10:20

Star & Strollers Screening 1

Stone (18A) Fri-Sat 12:30-2:30-5:40-8:25-11:30-11:35-13:35-17:35-19:35

Mon-Thu 12:30-2:30-5:40-8:25-11:30-11:35-13:35-17:35-19:35

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Due Date (14A) Fri-Sun 1:05-3:40-7:05-9:40

Mon-Thu 9:40

Megamind 3D (STC) Fri-Sun 1:3-2:57-9:25

Mon-Thu 9:25

Morning Glory (PG) Fri-Sun 12:55-3:30-6:55-9:30

Mon-Thu 6:55-9:30

Unstoppable (PG) Fri-Sun 1:10-3:35-7:10-9:35

Mon-Thu 9:35

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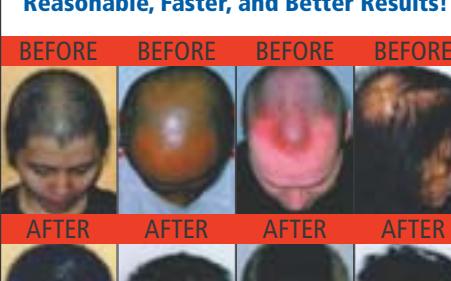
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Canada, meet your humble host

► TV star Cory Monteith gleeful about Gemini gig

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Life has changed quite drastically for "Glee" star Cory Monteith in the last two years. A self-described Canadian "working class actor," "Glee's" success means Monteith now has to cope with daily paparazzi and ever-present fans. Still, he ain't complaining.

"I went for coffee yesterday and a little car pulled up in front of me and start taking pictures of me, which was fine," says Monteith, who plays Finn Hudson on the dramedy.

"And then I went back to my car and started driving away and I saw the guy running to his car to try and follow me. I just roll with it. It's just part and parcel of what this all is. Making sure my zipper is

"Making sure my zipper is up when I leave the house is really important."

CORY MONTEITH ON HIS NEWFOUND RELATIONSHIP WITH THE PAPARAZZI

up when I leave the house is really important."

Part of that newfound fame means Monteith has been tabbed to host this year's Gemini Awards, honoring the best in Canadian television.

"I can't believe I'm part of the show and especially now I'm hosting. What the heck? Presenting is even cool, but I'm the host. It's a tall order."

Monteith credits his years spent as a busy west coast actor on shows like Stargate, Whistler, and Supernatural with preparing him for his recent success.

"Absolutely. It only

helped me. I think having cut my teeth doing a lot of stuff back home and figuring out how to act has proven indispensable," says Monteith, who has a few skeletons in his acting closet that may be revealed at the Geminis.

"That's a good idea. I'm absolutely prepared to make fun of myself. So if anyone would like to talk about the funnier or dumber things that I've done, I'm game. There's a wolfman movie that comes to mind (Hybrid)."

In its second season, Monteith feels Glee is only now hitting its stride.

"I think the tone of the show has got more specified. I think the writing (and) the characters have gotten a lot more specific and the show has kind of developed a feel," says Monteith.



►Glee star Cory Monteith will host the Gemini Awards, Saturday.

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► Musician Elvis Costello

All-star lineup to rock show

The Gemini Awards have pumped up the star wattage, announcing Elvis Costello, Feist and Ron Sexsmith as its musical performers.

Costello, who's nominated for best talk series for his show *Spectacle*, will perform with Feist, Sexsmith, fiddler Kendel Carson and bassist Barry Bales



at the 25th Gemini Awards gala on Saturday. Big nominees heading into the show include CTV's cop drama *Flashpoint*, CBC's *Republic of Doyle* and HBO's Winnipeg-based comedy *Less Than Kind*. The gala will also pay tribute to *Degrassi*, promising appearances from alumni including Nina Dobrev, Stefan Brogren and Amanda Stepto.

Presenters include Grace Park of *Hawaii Five-O*, Enrico Colantoni of *Flashpoint* and Canadian gold-medalist ice dancers Tessa Virtue and Scott

Moir.

"We are very excited to welcome such an incredible group of legendary musicians to the Gemini Awards stage, as well as pay tribute to one of Canada's best-loved and longest-running TV franchises," Sara Morton, of the Academy of Canadian Cinema & Television, which runs the Geminis, said. **THE CANADIAN PRESS**

TV picks

Meeting the parents, Super style

ACTION The 10th and final season of *Smallville* continues with tonight's episode, where Lois makes a decision regarding her relationship with Clark that takes her to his Fortress of Solitude. She finally meets Clark's biological parents, Jor-El and Lara. A meeting like that can be stressful - even for Superman (Friday, Space)

A dose of kooky and a dash of country

MOVIES Two well-loved early '90s comedies are going head-to-head. The cult favourite *Dumb & Dumber*, the Jim Carrey-Jeff Daniels buddy pic, is on Action, while Game TV offers *City Slickers*, a less-silly choice. (Friday)

Take in the very last of the Law

DRAMA This will likely be your last chance to see courtroom drama *Outlaw*, which was one of the first shows to get cancelled this season. This episode finds the White House asking Garza for help after a murderer escapes to Mexico. (Saturday, NBC)

Bosh battles the Raps with new buddies

SPORTS The Toronto Raptors will take their talents to South Beach when they visit the Miami Heat. It'll be the first time former Raptors all-star Chris Bosh suits up against his old club, and of course, he'll have help from superstars LeBron James and Dwyane Wade. (Saturday, TSN)

Mama Marge is a mastermind?

CARTOON In a new episode of *The Simpsons*,



Lisa discovers that Marge was once a superb student too before getting distracted, and worries that she will suffer the same fate. Meanwhile, Bart unknowingly usurps Nelson Muntz as the school bully. (Sunday, Global, Fox)

Tardy for the turkey on Desperate

COMEDY More than a month late here in Canada, *Desperate Housewives* celebrates Thanksgiving.

While Gabrielle and Bree host dinners, Beth tries to uncover more about Paul's past misdeeds, while Renee reminds Tom of their own past. (Sunday, CTV, ABC)

THE CANADIAN PRESS



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Dead both disgusts and delights

► AMC show offers uncommon, sympathetic spin on horror genre ► Silent scenes are stunning and unsettling

If you missed *The Walking Dead* last week, you missed a top contender for the most deliciously gross scene in television history.

In a desperate ploy to escape undetected by the zombies crowding downtown Atlanta, Sheriff Rick Grimes decided to fool them with a deathly masquerade. He found a zombie carcass and chopped it up with an axe, then smeared hunks of these goopy remains on his clothing. But he did it with respect. Rick, a man of conscience, first took a moment to mourn the ordinary guy this monster used to be.

Rick's fellow refugee, Glenn, who used to deliver pizza, was no less aghast at Rick's plan than were the viewers.

"If bad ideas were an Olympic event," said Glenn, "this would take the gold."

But the ruse worked – at least, until a sudden rainstorm ousted Rick and



► Scene from *Walking Dead*, airing Sundays at 10 p.m., EST on AMC.

Glenn by rinsing off their guts-and-stench disguise. They had to make a run for it.

At times macabre, suspenseful, poignant and horribly funny, *The Walking Dead* is TV in a class by itself. So maybe it's no wonder that this AMC drama was an instant hit with its premiere Halloween night, drawing more than 5.3 million viewers, followed the next week by an audience nearly as large.

Based on the popular comic book of the same

name, *The Walking Dead* depicts the aftermath of a zombie apocalypse confronted by a tattered group of survivors just outside Atlanta.

Principal among them is Rick (played by series star Andrew Lincoln), who, in the series premiere, woke alone in a hospital from a gunshot-wound-induced coma to find the world flipped upside down. His wife and young son were among the missing and he fears they have died. **THE ASSOCIATED PRESS**

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- Strong computer and email skills
- Excellent communication skills
- Ability to work at irregular hours (some evening work required)
- Assertive self-starter with own vehicle
- An adequate team player with an adaptable attitude

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metro



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GETTY IMAGES

CONAN O'BRIEN

TV

It looks like Conan O'Brien is getting the last laugh after all. The former *Tonight Show* host's new show was welcomed by more than 4.1 million viewers in the U.S. when it premiered this week; beating *The Daily Show* with Jon Stewart, *The Colbert Report*, and — perhaps fittingly — the *Tonight Show* with Jay Leno.

MICHAEL JACKSON

MUSIC

He died more than a year ago, but Michael Jackson



is still causing controversy. This time, the newest

to-do follows the release of a new song, *Breaking News*, supposedly by the late King of Pop. While Jackson's family is protesting the release, the music company behind it is vouching for its authenticity. The outcome? Likely a lot of sales and downloads.

THE LAST AIRBENDER

DVD

Sure, M. Night Shyamalan's track record at the theatres has turned from gold to tarnished tin, but that is no reason why you shouldn't pick up his latest, *The Last Airbender*, on DVD or Blu-ray next Tuesday.

CONCRETE WALLPAPER

DECOR

Looking for a way to get that loft-living feel in your suburban bungalow? A



company in Norway has created a line of wallpaper designed to look like concrete. Unique and realistic, its line includes the look of polished concrete, exposed bricks, and worn-and-torn exposed texture. Check it out at concretewall.no.

MASTERS OF CINEMA

FILM

Metro pick

OPRAH WINFREY

CELEBRITY

With all the attention she is getting, you have to wonder why she is walking away from her successful show. In the last few weeks, *O* magazine has claimed headlines with her interviews with George Bush, the Jackson Family and Marie Osmond. Also, she was named the highest earning woman in Hollywood — earning more than the next Top 4 combined.

Anyone with a cinephile on their Holiday shopping list will want to check out *Cahiers du cinema's Masters of Cinema* collection. The 10 books in the series each concentrate on the career of one of the best known movie makers of our time, including David Lynch, Woody Allen and Francis Ford Coppola. The books each sell for \$11.95.

DVD

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MTV eyes Aniston

► **Former Friends star said to be considering new reality show**

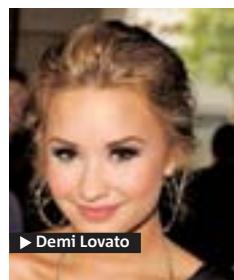
MTV bosses Tony DiSanto and Liz Gateley have reportedly set their sites on Jennifer Aniston as the subject of a new reality series — and the Friends star is said to be considering it, according to Now magazine.

"Tony and Liz are renowned for their skill at making reality shows like the Hills and Jersey Shore. They've been

desperate to work with her but weren't too sure what she'd say. Jen is giving it some thought though," a source says.

"Jen's a really private person, so everyone will want to know the real her. Viewers would kill to see how she goes about her day-to-day life, what she really eats, and get an insight into her love life."

• METRO



substance abuse allegations

With new reports surfacing alleging Demi Lovato was abusing cocaine and other substances before entering a treatment facility, her reps have come out again to

set the record straight. "Demi Lovato is not in treatment for drug or alcohol addiction," the Disney star's reps say in a statement. "As we have said since she en-

tered treatment last week, Demi decided to seek help for emotional and physical issues she has battled throughout her life."

• METRO

No excuse for Sheen behaviour: Lawyer

Charlie Sheen may have tried to shrug off his recent outburst at a New York hotel as "one bad night," but at least one person isn't ex-

cusing his behavior so easily. "As a celebrity you seemed to get away with what the typical person without money and power

cannot," high-powered attorney Gloria Allred writes in an open letter to Sheen obtained by Radar Online. "I don't think assaulting

and hurting women is funny. I am not one of those standing in line hoping for an interview with you, or an autograph." • METRO

Talking points

Restraining order for Gaga

PEOPLE Lady Gaga has obtained a restraining order against a passionate New York-based Russian fan who has been sending the singer death threats, according to Hollyscoop. "You come to my dreams. I want to die and I want to die together with you," one letter from Anastasia Obukhova reads.

• METRO

Celebrity tweets



Weird Al

[@al-yankovic]
Cleaning out my storage locker. I wonder if I should keep all this black mold?



Paula Abdul

[@Paula-Abdul]...i heard a pregnant goldfish is supposedly called a "TWIT!"...but goldfish lay eggs & technically don't get pregnant.



John Cho

[@John-TheCho]
Computer animated Thomas the Tank Engine is a bummer.



Sarah Silverman

[@Sarah-Silverman] My dog & I are the kind of best friends that do whatever only I want.

Lohan eyes movie gig

CASTING Lindsay Lohan has been trying to get permission to leave rehab to deal with her next movie gig, her director tells Radar Online. "Lindsay told me that she is working to get a work pass so that she can get out and meet us to discuss the project," says Matthew Wilder.

• METRO

Gibson ordered to pay \$60K in child support

Mel Gibson and Oksana Grigorieva's court battle shows no signs of ending, but the Russian singer did rack up one victory this week. A judge ordered Gib-

son to hand over \$60,000 in unpaid child support, as the Oscar winner had been refusing to pay the court-ordered \$20,000 a month to Grigorieva. • METRO

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Microwave popcorn bags may contain harmful chemicals, says new study.

Go wild for mushroom soup

► **Soup** is a perfect lunch or dinner option for the cold winter days ahead ► **Step it up a notch** by adding porcini mushrooms and ground walnuts to traditional mushroom soup



► Wild Mushroom Soup

Ingredients:

- 30 ml (2 tbsp) butter
- 750 g (1 1/2 lbs) wild and white mushrooms
- 60 g (2 oz) dried porcini mushrooms, reconstituted
- 250 ml (1 cup) ground

walnuts

- 1/2 onion, diced
- 2 cloves garlic, minced
- 2 celery stalks, diced
- 2 bay leaves
- 50 ml (1/4 cup) flour
- 1.5 l (6 cups) hot chicken or vegetable broth
- 75 ml (1/3 cup) sherry
- 30 ml (2 tbsp) fresh thyme
- 250 ml (1 cup) whipping cream
- Salt and pepper, to taste
- Sautéed mushrooms and/or crumbled blue cheese, for garnish

Wild mushrooms and walnuts add earthy flavour to this warming soup. This rich and luscious dish is an enticing change from the traditional mushroom soup. Porcini mushrooms and ground walnuts offer an earthy contrast to the mild broth.

and cook for another 2 minutes. Stirring constantly, slowly add hot broth and sherry and bring to a boil.

3 Let simmer for 20 minutes and remove bay leaves.

4 Remove from heat and, using an immersion blender, pulse until mushrooms are nearly pureed or until desired consistency.

5 Return to heat, bring to a boil and add thyme and cream. Stir to combine. Garnish with sautéed wild mushrooms and/or crumbled blue cheese, if desired, and serve.

Makes six servings.

2 In a large, heavy-bottomed stock pot on high heat, melt butter. Add mushrooms, walnuts, onion, garlic, celery and bay leaves, and sauté until lightly browned (5 to 10 minutes). Reduce heat to medium, stir in flour and cook for another 2 minutes. Stirring constantly, slowly add hot broth and sherry and bring to a boil.

Nutritional information per serving: 376 calories, 12 g protein, 27 g fat (12 g saturated fat), 22 g carbohydrates, 6 g fibre, 61 mg cholesterol, 1188 mg sodium.

THE CANADIAN PRESS

Meatless made easy

► **Canadian Living vegetarian cookbook** shows how diverse meatless meals have become in the kitchen

Vegetarianism is hardly a new culinary concept as more Canadians embrace its diversity and obvious health benefits.

"With the sheer number and variety of vegetables available now and the styles and recipes from around the world, we are seeing more meatless dishes on our tables," says Alison Kent, special publications food editor with Canadian Living magazine.

To celebrate the fact that vegetarian meals have

become mainstream, the magazine has produced Canadian Living: The Vegetarian Collection: Creative Meat-Free Dishes That Nourish & Inspire (Transcontinental Books, \$22.95, paperback).

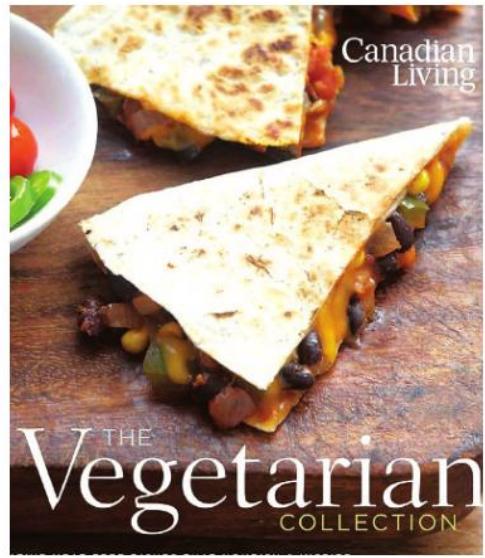
Kent, a trained chef, was assisted by the magazine's test kitchen staff to offer a description of each vegetarian type, from vegan and lacto-vegetarian to flexitarian.

Kent says the recipes are mainly seasonless, although there are some

wonderful fall and winter soups, risottos and roasted root vegetables as well as squash dishes and curries.

"Eating locally in winter is difficult," she says, "but between choosing hot house, frozen and root vegetables, it is possible."

The recipes are organized into eight food categories, including grains, pulses and beans, pasta, soy products, seeds and nuts, eggs and cheese, vegetables as well as a chapter on stocks, sauces, breads and basics. **THE CANADIAN PRESS**



This Crunchy Baked Macaroni and Cheese dish from Canadian Living: The Vegetarian Collection — Creative Meat-Free Dishes That Nourish & Inspire will be a surefire hit with everyone in the family.

Crunchy Baked Macaroni and Cheese Preparation:

- 1 In a large saucepan, melt half of the butter over medium heat; fry

onion, salt and cayenne pepper, stirring occasionally, until onion is softened, about 5 minutes.

- 2 Stir in flour; cook, stirring, for 2 minutes. Whisk in milk and mustard; cook, whisking, until bubbly and thickened, about 5 minutes. Remove from heat; in two additions, stir in 375 ml (1 1/2 cups) of

the cheese until smooth.

- 3 Meanwhile, in a large pot of boiling salted water, cook pasta until al dente, about 8 minutes. Drain. Add to sauce; toss to coat. Scrape into a greased 1.5- or 2-l (6- or 8-cup) casserole dish.

- 4 Melt remaining butter; toss together with

panko and remaining cheese. Sprinkle over macaroni mixture. Bake in a 190 C (375 F) oven until bubbly and golden, about 25 minutes.

Makes 4 to 6 servings.
Nutritional information per serving for six: 421 calories, 17 g protein, 23 g total fat (14 g saturated fat), 37 g carbohydrates, 2 g fibre, 66 mg cholesterol, 634 mg sodium.

Ingredients :

- 50 ml (1/4 cup) butter
- 1/2 onion, diced
- 2 ml (1/2 tsp) salt
- Pinch cayenne pepper
- 30 ml (2 tbsp) all-purpose flour
- 500 ml (2 cups) milk
- 10 ml (2 tsp) Dijon mustard
- 500 ml (2 cups) shredded old cheddar cheese
- 500 ml (2 cups) macaroni
- 250 ml (1 cup) panko



► Richie Hall

DARRYL DYCK/THE CANADIAN PRESS

Game over for Hall

► Eskimos are looking for a new head coach: Source ► Announcement expected at news conference Friday ► Hall has 16-20 record as coach

The Edmonton Eskimos are in the market for a new head coach.

Eskimos general manager Eric Tillman has decided to fire head coach Richie Hall, a source told

The Canadian Press on Thursday. A formal announcement will be made at a news conference Friday.

Hall, 50, spent two seasons as the Eskimos head

coach, compiling a 16-20 record. Under Hall, Edmonton was 9-9 in 2009 to finish third in the West Division standings but the club was 7-11 this season and missed the playoffs.

But Edmonton made it interesting. After dropping nine of their first 11 games, the Eskimos won five of six to put themselves in a position to qualify for the playoffs. But the club lost its regular-season finale 31-23 to the Saskatchewan Roughriders on Saturday to finish two points behind B.C. (8-10) for the third and final West Division playoff spot.

Had Edmonton beaten Saskatchewan, it would have finished ahead of the Lions by virtue of having won the season series between the two clubs.

Even if Edmonton had reached the playoffs, many around the CFL believed only a Grey Cup win would have saved Hall's job.

Kavis Reed, who served as the Winnipeg Blue Bombers' defensive coordinator, has been mentioned as a candidate to

replace Hall in Edmonton.

Hall was named the Eskimos head coach Dec. 17, 2008, after a 15-year coaching stint with the Roughriders, the last eight as the club's defensive coordinator. Hall replaced Danny Maciocia, who stepped away from the sidelines at last season's end to move into the front office full-time as Edmonton's general manager. He was fired early this season.

Last season, the Calgary Stampeders eliminated the Eskimos from the playoffs with a 24-21 victory in the conference semifinal.

The Eskimos struggled right from the start this season, going 0-4 before downing the B.C. Lions 28-25 on July 30 shortly after team president Rick LeLacheur declared the club had better start winning or heads would roll.

However, the day after the win, the Eskimos announced that Maciocia had been fired. The team would eventually replace him with Tillman in September.

THE CANADIAN PRESS

Tough weekend ahead for Raps



"I pretty much know all his moves, he might have learned some new ones."

AMIR JOHNSON, ON FACING FORMER TEAMMATE CHRIS BOSH

games to turn it around, and I think it's going to turn around for us."

Maybe, but likely not any time soon, especially given that Jarrett Jack (left thumb), Reggie Evans (bruised hip), Linas Kleiza (Achilles tendon), Leandro Barbosa (left shoulder) and David Andersen (flu) all missed Thursday morning's practice.

The Raptors head into those games as a group still trying to overcome the devastation their former stars left behind.

"The Chris Bosh era is gone, we're trying to start our own path, we're trying to start our new era," said forward Sonny Weems. "It hasn't started as good as everyone wanted it to start, but we have 70-something more

THE CANADIAN PRESS

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#R01245A, low low kms, 6LT
2008 HD 2800 SILVERADO
WHITE EXT CAB **\$26,995**



#R01293A, power stroke, one owner
2008 F350 EXT CAB SHORT BOX
BLACK FX4 **\$29,995**



#B0126, power stroke, 63,000kms
2008 F350 L/BOX WHITE
CREW CAB **\$34,995**



#B0165, white, 5.7 Hemi
2008 RAM 2500 QUAD CAB
SHORT BOX **\$24,995**



#R00669A, leather, sunroof
2006 CHEV AVALANCHE
DARK BLUE **\$19,995**



#K91186A, low low kms
2007 DODGE 1500 MEGA CAB RED
2 WHEEL DRIVE **\$22,995**



#B0053, rear seat video
2007 CHRYSLER ASPEN BLACK
LOW KMS **\$28,995**



#B9386, 84,000kms
2007 CHEVROLET SUBURBAN
TAN **\$28,995**



Includes 5th wheel hitch
#B0350, dually, diesel, silver
2008 DODGE 3500 QUAD CAB
SLT LONG BOX **\$26,995**



#R01616A, 53,000kms
2008 DODGE RAM 1500 QUAD RED WI
MATCHING CANOPY **\$24,995**



#R01513A, 58,000kms
2009 FORD F150 CREW CAB FX4
XLT BLACK **\$29,995**



#C00137A, 5.9 Cummins Diesel, 87,000kms
2006 DODGE MEGA CAB SLT
3500 GREY **\$31,995**



#G10146A, dark red, standard, 62,000kms
2007 DODGE RAM 2500 S/BOX
POWER WAGON **\$29,995**



#R01587B, Laramie, 86,000kms
2007 DODGE RAM 1500 BLACK
QUAD CAB **\$24,995**



#R01092Z, Navigation, sunroof, low kms
2008 F450 KING RANCH WHITE
FULL LOAD **\$46,995**

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DEALER FOR DETAILS. VEHICLES
MAY NOT BE EXACTLY AS IL-
LUSTRATED.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	16	12	4	0	0	57	40	24	8-1-0	4-3-0	7-3-0	W6
d-Philadelphia	16	10	4	2	0	53	35	22	6-3-0	4-1-2-0	7-2-1-0	W1
d-Montreal	16	10	5	1	0	39	34	21	4-3-1-0	6-2-0	6-4-0	W2
Tampa Bay	15	8	5	2	0	46	45	18	4-1-1-0	4-4-1-0	5-3-2-0	L1
Boston	13	8	4	0	1	41	27	17	2-3-0-1	6-1-0	7-2-0-1	L1
Ottawa	16	8	7	1	0	43	48	17	5-4-0-0	3-3-1-0	7-3-0-0	L1
NY Rangers	16	8	7	1	0	44	44	17	3-5-1-0	5-2-0	5-5-0	W1
Atlanta	16	7	6	1	2	51	57	17	3-3-0-1	4-3-1-1	3-4-1-2	W1
Carolina	16	8	8	0	0	50	53	16	4-3-0	4-5-0	5-5-0	L1
Pittsburgh	16	7	8	1	0	47	46	15	2-5-0	5-3-1-0	4-5-1-0	L1
Toronto	15	7	7	1	2	32	42	13	3-3-1-1	2-4-0-1	1-7-0-2	L7
Buffalo	17	5	9	3	0	44	55	13	0-6-1-0	5-3-1-0	4-5-1-0	L1
Florida	13	6	7	0	0	40	34	12	4-2-0	2-5-0	5-5-0	W1
NY Islanders	15	4	9	1	1	35	51	10	2-2-0-1	2-7-1-0	2-9-0	L8
New Jersey	16	4	10	1	1	29	53	10	0-6-1-0	4-5-0	3-6-1-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	14	10	3	0	1	48	36	21	6-1-0-1	4-2-0	6-3-1-0	W2
d-Los Angeles	13	10	3	0	0	39	26	20	6-0-0	4-3-0	8-2-0	W4
d-Vancouver	15	9	4	0	2	46	36	20	6-0-1	3-4-0-1	7-2-0	L7
St. Louis	14	9	2	1	2	35	29	21	6-1-0	3-2-1	7-1-1	L2
Anaheim	17	9	7	0	1	44	52	19	6-1-0-1	3-6-0	7-3-0	W5
Columbus	14	9	5	0	0	40	33	18	5-4-0	4-1-0	7-3-0	W1
Chicago	18	8	9	1	0	51	53	17	4-5-0	4-2-1	3-7-0	L2
Dallas	13	8	5	0	0	43	37	16	5-3-0	3-2-0	5-5-0	L1
Minnesota	14	7	5	0	2	33	35	15	5-3-0	2-2-0	6-3-0	L1
Colorado	14	7	6	1	0	47	46	15	3-4-0	4-2-1	4-5-1	L1
Phoenix	15	5	5	1	4	37	56	15	2-2-2	3-3-2	3-3-3	W1
San Jose	13	6	4	3	0	36	33	14	3-2-2	3-0-0	5-4-1	L1
Calgary	14	7	7	0	0	39	40	14	4-4-0	3-3-0	5-5-0	L1
Nashville	14	6	5	3	0	34	40	15	2-3-0	4-4-0	2-5-3	W1
Edmonton	14	4	8	0	2	37	54	10	2-4-0	2-4-0	2-6-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Montreal 3	Boston 1	Boston 7	Pittsburgh 4
N.Y. Rangers 3	Buffalo 2	Buffalo 5	New Jersey 4 (SO)
Washington 6	Tampa Bay 3	Columbus 3	St. Louis 1
Philadelphia 8	Carolina 1	Phoenix 2	Chicago 1
Atlanta 5	Minnesota 1	Atlanta 10	New Jersey 7 (p.m.)
Detroit 6	Edmonton 2	Edmonton 10	Tampa Bay at Pittsburgh, 7 p.m.
Vancouver 6	Ottawa 2	Ottawa 10	Colorado at Columbus, 7 p.m.
Nashville 3	St. Louis 2 (SO)	Nashville 7	Minnesota at Florida, 7:30 p.m.
Dallas at Los Angeles	N.Y. Islanders at San Jose	Calgary at Phoenix, 9 p.m.	Dallas at Anaheim, 10 p.m.
Wednesday's results			
Florida 4	Toronto 1		
Anaheim 1	N.Y. Islanders 0		

RED WINGS 6, OILERS 2

First Period	2. Ottawa, Regin 1 (Kovalev, Campoli) 3:27
Penalties	Bieksa Vcr (elbowing) 8:46, Rypien vcr, Neil Ott (unsportsmanlike) 17:24.
Second Period	3. Vancouver, Kesler 6 (Hansen) 11:20
Penalties	Samuelsson Vcr (tripping) 1:13, Rypien vcr, Carker Ott (fighting) 3:52, Ruytu Ott (roughing) 7:42, Rypien vcr, Neil Ott (fighting) 18:01.
Third Period	4. Vancouver, Burrows 1 (D. Sedin, H. Sedin) 0:33
Penalties	Abdelnader Det (hooking) 10:21, Ciglane Edm (high-sticking) 15:22, Stuart Det (high-sticking) 19:02.
Third Period	5. Vancouver, Kesler 7 (Samuelsson, Raymond) 1:11
Penalties	Alberts Vcr (interference) 6:09, Burrows Vcr (interference), Kelly Ott (high-sticking) 16:18, Rome Vcr, Michalek Ott (unsportsmanlike) 16:48.
Shots	Vancouver 11 12 10 33
Edmonton	10 8 7 25
Detroit	13 14 7 34
Goal	Edmonton: Khabibulin (L.A-8-1); Detroit: Howard (W-8-1-1).
Power plays (goals-chances)	Edmonton: 1-3; Detroit: 1-1.
Missed Penalty Shot	Modano Det; 5:22 of second.
Shots	
Edmonton	10 8 7 25
Detroit	13 14 7 34
Goal	Edmonton: Khabibulin (L.A-8-1); Detroit: Howard (W-8-1-1).
Power plays (goals-chances)	Edmonton: 1-3; Detroit: 1-1.
Att.	— 20,066 (20,066) at Detroit.

CANUCKS 6, SENATORS 2

First Period	1. Vancouver: Luongo (W-6-4-2); Ottawa: Leclair (L.O-3-1).		
Power plays (goals-chances)	Vancouver: 0-1; Ottawa: 0-3.		
Att.	— 19,191 (19,153) at Ottawa.		
SCORING LEADERS			
G	A	PT	
Stamkos, TB	13	11	24
Crosby, Pgh	10	12	22
Ovechkin, Wash	8	12	20
Selanne, Ana	7	11	18
Getzlaf, Ana	6	12	18
B. Richards, Dal	6	12	18
Not including last night's games			

GOLF

CHILDREN'S MIRACLE NETWORK CLASSIC

At Lake Buena Vista, Fla.
Par 72
Partial First Round (Note: play suspended by darkness. Fifteen players did not complete the round: Magnolia Course (m) and the par 72, 7,010-yard Palm Course (p))

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

Boston	W	L	Pct	GB
Boston	7	2	.778	—
New Jersey	3	5	.375	3 1/2
New York	3	5	.375	3 1/2
Philadelphia	2	6	.250	4 1/2
Toronto	1	7	.125	5 1/2

SOUTHEAST DIVISION

Orlando	W	L	Pct	GB
Orlando	5	2	.750	—
Atlanta	6	3	.667	—
Cameron Percy	32-24-566			
Terry Herron	32-24-566			
Brenden Pappas	31-35-566			
Jeff Quilley	34-33-576			
Rory Sabbatini	31-36-576			
Chris Stroud	31-34-576			
Roland Thatch	33-33-566			
Rickie Fowler	33-33-566			
Jerry Kelly	35-31-566			
Woody Austin	34-33-566			
Brett Wetterich	34-34-566			
Richie Buntrock	32-36-566			
Jeffrey Johnson	34-34-566			
Tim Pernic	34-34-566			
Tom Pernic, Jr.	34-34-566			
David Lutter	34-34-566			
Matt Every	35-33-566			
Charles Howell III	32-36-566			
Spencer Levin	33-35-566			
D.J. Trahan	33-35-566			
Kevin Johnson	33-35-566			
Brett Quilley	35-34-569			
Richie Buntrock	34-35-569			
Troy Merritt	35-34-569			
Jay Williamson	35-34-569			
Pat Perez	34-35-569			
Aron Price	35-34-569			
Greg Owen	35-34-569			
Lee Janzen	36-33-569			
Michael Letzig	33-36-569			
John Senden	34-35-569			
Mark Wilson	34-35-569			
John Mallinger	37-33-700			
Derek Lamely	35-35-700			
Briny Baird	34-36-700			
Sean O'Hair	34-36-700			
Johnson Wagner	37-33-700			

WESTERN CONFERENCE

New Orleans	W	L	Pct	GB
New Orleans	7	0	1.000	—
San Antonio	6	1	.857	1
Dallas	5	2	.714	2
Memphis	4	3	.444	4
Houston	1	6	.143	6

NORTHWEST DIVISION

Portland	W	L	Pct	GB
Portland	6	3	.667	2 1/2
Utah	5	3	.625	5 1/2
Oklahoma City	4	3	.571	1
Oklahoma City	4	3	.571	1
Denver	4	4	.500	1 1/2
Minnesota	2	7	.222	4

PACIFIC DIVISION

Durant, OKC	G	FG	FT	PTS	AVG
Durant, OKC	7	61	64	197	28.1
Ellis, GOL	8	82	46	217	27.1
Wade, MIA	8	68	61	208	26.0
Gay, MEM	9	91	30	230	25.6
Martin, HOU	7	49	57	149	24.1
Bryant, LAL	8	62	58	193	24.1
Millasp, UTA	8	78	32	191	23.9
Rose, CHI	6	55	27	143	23.8
Nowitzki, DAL	7	66	33	166	23.7
Gasol, LAL	8	76	35	187	23.4
Gasol, LAL					

Crossword

Across

1 Broom closet item
4 Radar screen noise
8 Campus area, for short
12 Big bother
13 Green land
14 Incite
15 Humorous
17 Carbon compound
18 Poor substitute
19 Under the weather
21 Youngster
22 Massachusetts, long ago
26 Harridan
29 Send quickly
30 Princess' insomnia cause
31 Equal
32 Fellows
33 Desirable engine sound
34 Before
35 Purchase
36 Bad lighting?
37 Rainbow selection
39 Judge Lance
40 — tai
41 Tailor's tool
45 Pump, e.g.
48 South American nation
50 Undesirable engine sound
51 Throat clearer
52 Wapiti
53 On the briny
54 Misplace
55 Ball-bearing item

Down

1 Spiked club
2 Stench



Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 You will meet some interesting people on your travels today and at least one of them is destined to play a major role in your life over the next six months, and maybe longer.

Taurus April 21-May 21 It may seem as if others are conspiring to stop you moving in the direction you want to go but are they really or is your own mind sabotaging your efforts?

Gemini May 22-June 21 If you are as smart as you think you are you will see the futility of trying too hard.

Cancer June 22-July 22 The softer side of your nature will shine through today. You may

look tough to the world at large but that's merely your hard outer shell — underneath you are more vulnerable than most people realize.

Leo July 23-Aug. 23 Sit back, close your eyes and imagine where you would most like to be and what you would most like to be doing by this time next year.

Virgo Aug. 24-Sept. 22 Life does not have to be a battle. You don't have to fight for success. The Sun in the communications area of your chart makes it easy for you to charm your way to the top. Get busy making new friends today.

Libra Sept. 23-Oct. 23 Don't waste too much time trying to

figure out why something went wrong. Just pick yourself up and try something else.

Scorpio Oct. 24-Nov. 22 So many of the things you are worrying about bear little or no relation to reality, so stop thinking about them because that gives them power.

Sagittarius Nov. 23-Dec. 21 If you need to kiss and make up, if you need to make amends, now is the time. Also, if you are having second thoughts about travel plans there is still time to put them on hold.

Pisces Feb. 19-March 20 Make the most of the favorable cosmic climate to push ahead with a creative or artistic project you hope will impress enough important people to get you recognized. Everyone has a special talent. Yours can make you extra money.

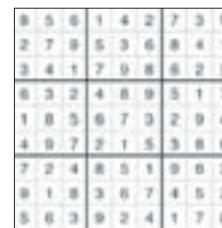
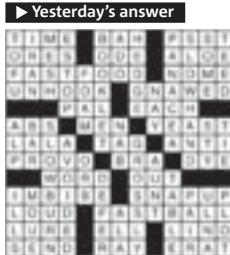
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

[Yesterday's answer](#)



A look at the weather

TODAY
Min -6°
Max 2°

SATURDAY
Min -7°
Max 2°

SUNDAY
Min -7°
Max 2°

Michele McDougall
Weather Specialist
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." **WEEKDAYS 6AM**



MARK J. TERRILL/THE ASSOCIATED PRESS, FILE

Caption contest



"Stop clowning around and Kiss Me"
PETER DAWSON



WIN!
You write it!
Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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news worth sharing.

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Babe happy birthday! The life I have with you is much better than what I had before. Thank you for joining my life. I LOVE you so much. XOXO YOUR LITTLE DEVIL. JK

Jay-Bee, my best friend whom I love <3! we've been friends for the longest time and our dads even new each other before we were even born! amazing! I'm glad your in my life and I'm always there for you no matter what! be ready because we have more missions and memories hehe!!
R.V

Peter, I just want to tell everyone that I am soooo in love with you make so happy in so many ways. You are so sweet to me I love you so much happy 1st anniversary sweater pie LOVE ALWAYS PATRICIA



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	2011 1/2 Ton Quad Cab #BR15816 *Free Dealer Rewards* \$23,988 \$133 bw		2011 Dodge 1/2 Ton 4x4 #BR12533 *Free Dealer Rewards* \$22,988 \$128 bw		0% APR OAC 2010 Dodge Grand Caravan #AGC0327 *Free Dealer Rewards* \$21,488 \$119 bw
			0% APR OAC 2010 Dodge Charger #ACH8984 *Free Dealer Rewards* \$22,988 \$126 bw		0% APR OAC 2010 Dodge Avenger #AAV5372 *Free Dealer Rewards* \$20,988 \$117 bw

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Vehicle prices may not be exactly as illustrated. Advertised prices reflect all rebates to dealer, includes fees and any plus taxes. Payments based on 84 mth terms, 2.75% APR plus GST and 10% down payment. \$0 down payment available. E.G.: 2010 Dodge Caliber ACB334: Sale price \$13,988; 84 mth payments \$78 bw weekly. Cost of borrowing \$1,321. All payments are OAC. *Dealer Rewards: For every dollar spent after the purchase 10 cents (10%) will be earned for use towards future service, parts and vehicle purchases. See dealer for details. Derrick Dodge will beat any other dealer's price (all fees included) upon presentation of a valid competitor's offer on an equally equipped same model year vehicle. See dealer for details.

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	2004 Ford 1 Ton Crew Cab 4x4 Lariat Diesel #0415625 \$17,988		2008 Dodge 1/2 Ton Quad Cab 4x4 SXT #08203871, low kms. \$19,988		2009 Chrysler PT Cruiser #0948840, MSRP was \$24,845, Discount \$15,857 \$8,988 SALE PRICE		2009 Dodge Grand Caravan SXT W/ 3rd Row #0942813, MSRP was \$31,170, Discount \$12,182 \$15,988 SALE PRICE		2009 Pontiac Vibe #0914955 \$9,988
	2009 Ford 1/2 Ton Supercrew 4x4 XLT #0914056 \$22,988		2007 Toyota Tacoma Crew 4x4 TRD #0712219 \$22,988		2009 Dodge Caliber SXT #0948172, MSRP was \$21,790, Discount \$14,007 \$10,988 SALE PRICE		2010 Jeep Grand Cherokee Limited 4x4 #1029324, MSRP was \$36,095, Discount \$24,107 \$31,988 SALE PRICE		2009 Nissan Versa S #0914861 \$9,988
	2007 Dodge 1 Ton Quad Cab 4x4 SXT Diesel #0705206 \$25,988		2007 Ford Expedition Limited 4x4 #0747193 \$27,988		2009 Chevrolet Express 1500 #0948822, includes plow \$63,988 \$63,988		2008 Chrysler Sebring Convertible #083568 \$17,988		2010 Ford Mustang GT Convertible #1029520 \$29,988
	2009 GMC Yukon 4x4 SLE #0946423 \$28,988		2007 Cadillac Escalade EXT AWD TV/DVD #0724509 \$36,988		2009 Chevrolet Express 1500 #0948822, includes plow \$63,988 \$63,988		2008 Chrysler Sebring Convertible #083568 \$17,988		2009 Nissan 370Z Touring #0916647 \$31,988

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